## Master Plan Updates

## Information related to our upcoming renovation

## **Memory Support —Opening Minds through Art**

Among our suite of memory support therapies is Opening Minds through Art (OMA) which offers a creative outlet for our residents. The program was founded in 2007 at the Scripps Gerontology Center at Miami University. OMA's mission is to build bridges across age and cognitive barriers.



The program is conducted with small groups of residents and volunteers. In our case the volunteers have been students from Xavier University who receive college credit for participating. They are trained to promote social engagement and autonomy. Residents complete art projects designed to celebrate their capacity, not focus on deficits. Residents are free to exercise their creativity as they see fit.

The OMA program culminates with an art gallery showing of residents' favorite works. Thus far we have hosted two successful sessions of the OMA program at MPL.

As with other programs, the development of meaningful re-

lationships is an important component. One day during a Resident Council meeting a staff member noticed a resident accompanied by a two ladies. The resident introduced them both. It turns out one of the ladies had been the resident's OMA partner. She had become so invested in their friendship that she brought her mother to see the resident's artwork. The OMA program certainly is successful on many counts!



Keeping our residents informed about the Master Plan is a top priority.